

AUM HARI Yoga Wochenplan 2012

Mo	Di	Mi	Do	Fr	So
					
	●● 12.30-13.30 Energy Yoga	● 12.30-13.30 Energy Yoga			
●● 17.30-18.30 Energy Yoga	●●● 17.30-18.30 Cosmic Yoga		●●+●●● 17.30-18.45 Laxmi Yoga	●+●● 18.00-19.00 Chill out Yoga	●●+●●● 17.30-18.30 Fresh Up Yoga
●●● 19.00 -20.15 Shiva Yoga	● 19.00-20.00 Keep Cool Yoga	●●● 19.00-20.15 Vishnu Yoga	● 19.00 -20.00 Top Yoga		19.15-20.30 Meditationskurs Xtra Kurs mit Anmeldung
●●● 20.30-21.30 Hatha Yoga		●● 20.30-21.30 Relax Yoga			